

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30am	Wake Up/ Morning Coffee & Tea	Wake Up/ Morning Coffee & Tea	Wake Up/ Morning Coffee & Tea	Wake Up/ Morning Coffee & Tea	Wake Up/ Morning Coffee & Tea	Wake Up/ Morning Coffee & Tea	Wake Up/ Morning Coffee & Tea
7:00am	Morning Hygiene	Morning Hygiene	Morning Hygiene	Morning Hygiene	Morning Hygiene	Morning Hygiene	Morning Hygiene
8:00am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30am	Room/Laundry	Room/Laundry	Room/Laundry	Room/Laundry	Room/Laundry	Room/Laundry	Room/Laundry
9:00am	Community Mtg	Community Mtg	Community Mtg	Community Mtg	Community Mtg	Community Mtg	Community Mtg
10:00am	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation
11:00am	Process group/allied therapy	Process group/allied therapy	Process group/allied therapy	Process group/allied therapy	Process group/allied therapy	Process group/allied therapy	Process group/allied therapy
12:00pm	Hand Hygiene/Lunch	Hand Hygiene/Lunch	Hand Hygiene/Lunch	Hand Hygiene/Lunch	Hand Hygiene/Lunch	Hand Hygiene/Lunch	Hand Hygiene/Lunch
1:00 pm	Process group/allied therapy	Process group/allied therapy	Process group/allied therapy	Process group/allied therapy	Discharge planning group (SW)	Process group/allied therapy	Process group/ allied therapy
2:00pm	Rec activity led by staff	Rec activity led by staff	Rec activity led by staff	Rec activity led by staff	Rec activity led by staff	Movie	Movie
3:00pm	yoga	Yoga	yoga	Yoga	yoga	movie	movie
4:00pm	Psychoeducation (MHT)	Psychoeducation (MHT)	Psychoeducation (MHT)	Psychoeducation (MHT)	Psychoeducation (MHT)	Psychoeducation (MHT)	RN Group Med Management
5:00pm	Hand Hygiene	Hand Hygiene	Hand Hygiene	Hand Hygiene	Hand Hygiene	Hand Hygiene	Hand Hygiene
5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:30pm	game Time	game Time	game Time	game Time	game Time	Visiting 6-7 game Time	game Time
7:30pm	Community Meeting & Snacks	Community Meeting & Snacks	Community Meeting & Snacks	Community Meeting & Snacks	Community Meeting & Snacks	Community Meeting & Snacks	Community Meeting & Snacks
8:30pm	Hygiene/Laundry	Hygiene/Laundry	Hygiene/Laundry	Hygiene/ Laundry	Hygiene/ Laundry	Hygiene/ Laundry	Hygiene/ Laundry
9:30pm	Relaxation	Relaxation	Relaxation	Relaxation	Relaxation	Relaxation	Relaxation
10:30pm	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

Medication times: 8am/12pm/5pm/9pm

DUAL UNIT